

ZINK

the element of style



beauty

SPAS & TREATMENTS

IT'S TIME SPRING CLEANING MOVED OUT OF YOUR CLOSETS AND ONTO YOUR SKIN.

NO PORE POLLUTION

Whether you know it or not your skin is stressed out. Air pollution, dangerous UV rays, tobacco and the report due on Friday that you're losing sleep over are all culprits. Yes, stress causes breakouts, but even worse, it slows down the skin's metabolism, which in turn speeds up the aging process. But don't worry your pretty little head (more wrinkles, silly!), there's something that can be done. March on over to Sothys's new Manhattan spa and relax as they take care of business with their Oxyliance Facial. Not only does this super treatment provide a deep cleansing for your overworked skin, it also increases the oxygen consumption and stimulates cellular activity. In short, the faster the skin is able to repair itself the healthier it is. The indulgent treatment includes a detoxifying Rhassoul mud peel, vitamin-enriched mask and lymphatic drainage facial massage. By incorporating vital essential oils such as sandalwood, vetiver, lemongrass and lavandin you are revitalized, energized and you leave feeling relaxed and ready to face the world again. L'Institut Sothys, 37 West 57th Street, NYC, 212.688.9400 or SothysSpa.com — Casey Gillespie



March 2008

\$4.99US \$5.99CAN



www.zinkmag.com

P.60 **IS YOUR GOODNESS GRACIOUS?**

