

love your life.

RED-HOT  
SUMMER  
READ! p.61

# REDBOOK

## Men's secret fears

the good, the bad,  
and the funny—  
real guys fess up

**Heidi Klum**  
tells us the one  
thing that's  
missing in her life

## 5 health mistake

EVERY WOMAN M

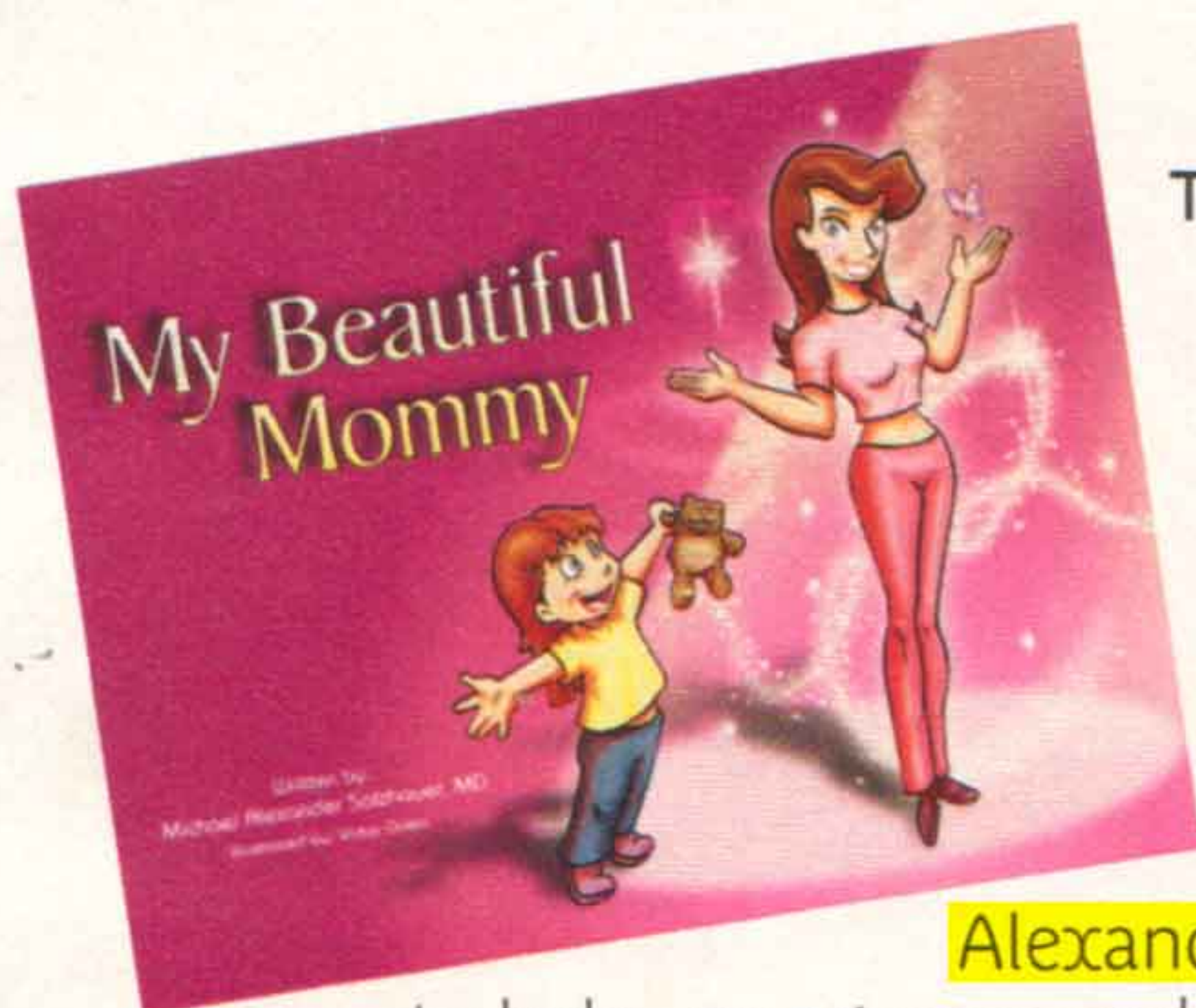
## 62 st steals

## SAVE \$\$\$

Go green—and put  
green in your pocket

## SIMPLE SUMMER SUPPERS

what's on our radar



### THE SKEPTIC B is for "boob job"

There are so many delicate matters to explain to kids: the war, the economy... breast augmentation. *My Beautiful Mommy*, a book written by plastic surgeon **Michael**

**Alexander Salzhauer, M.D.**, promises

to help young ones understand why Mommy suddenly has, say, a new nose. "Why are you going to look different?" asks the little girl in the book. "Not just different, my dear—prettier!" replies the mommy. What's next? Nip 'n' Tuck Barbie?

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